

TEST ON SIDS – SUDDEN INFANT DEATH SYNDROME from Sharon  
Sarles/Organizational Strategies 2013  
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1. Am Acad Pediatrics and Licensing says the best sleep position is
  - a. On baby's back
  - b. On baby's side
  - c. On tummy
  - d. Depends
2. Which of these statements is true?
  - a. SIDS is the third leading cause of death among infants.
  - b. SIDS is entirely preventable
  - c. Most infants seem sick before they die of SIDS.
  - d. SIDS is the result medical abuse.
3. Which of these is the best bed for a baby?
  - a. A firm mattress, free of loose bedding and stuffed toys.
  - b. Soft sleeping surfaces
  - c. Floor with stuffed toys
  - d. Bed with mom who is drunk and on drugs
4. Babies can die in their cribs when nothing seems to be wrong.
  - a. True
  - b. False
  - c. Don't Know.
5. SIDS occurs more when
  - a. Baby is a preemie

- b. Parents smoke
- c. Mother is less than 20 years of age
- d. All of the above

6. What are some reasons that babies cry?

7. What are some things a person can do to be sure they don't shake a baby.